



# INTERNATIONAL LEG CRICKET COUNCIL

## RULE BOOK-2020

LEG CRICKET FEDERATION-INDIA

लेग क्रिकेट महासंघ- इंडिया



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Indian Body

### LEG CRICKET FEDERATION-INDIA

67, GF, MY FLOOR-2, TDI CITY, KUNDLI, SONEPAT, HARYANA

Website: [www.legcricketindia.com](http://www.legcricketindia.com) Cont. No. 9868668825

# HISTORY OF LEG CRICKET

Leg Cricket is not a new game. Its and ancient game. We have been playing this game since Mahabharata period. During a visit to Mathura Brij Mandal some Local person told us that Lord Krishan at the time of Kalia vadh were playing a Leg Cricket types of game. He kicked the ball and ball jumped into the Yamuna river. Though it is not certified and there is no proof for it but its true that we all once in life have played Leg Cricket either it was in school, college, neighborhood or somewhere else.

Before 2011 Leg Cricket was played as a recreational game for time pass only. We were working on this game since 2005 but it was officially started from 27<sup>th</sup> October, 2011. I visited different parts of India to study the different formats of Leg Cricket. During this journey I found that people used to play Leg Cricket with different type of balls e.g., football, volleyball, tennis ball and in rural area they used a special type of ball made up with waste paper and stitched with clothes. They played this game with different rules and regulation. In 2011 our search for leg cricket ball started in Delhi's Rohini's Avantika park, It was our practical field. We used different type of ball to play this game and finally select a ball and got is manufactured. We have also completed the first ever rule book of Leg Cricket game in 2011

In 2012 during our journey to explore Leg cricket I met Mr. S. Nagaraj of Banglore, Karnataka. Here I came to know that Mr. Nagaraj is also trying to promote Leg Cricket for last few years. But the rules and regulations were different. Mr. S. Nagaraj was a Physical Education and sports teacher. He had also formed Karnatka State Leg Cricket Association. He had also organized one or two district level leg cricket matches. But he failed to promote this game at national and International level due to lake of universal rules and regulation of this game. I discussed all the facts with Mr. Nagaraj and invited him to participate in India's First National T-10 Leg Cricket Championship which was held at Rajiv Gandhi Stadium, Bawana, Delhi in July, 2012. This championship was jointly organized International Leg Cricket Council and Leg Cricket Federation of India.

Mr. Surender Kumar (M.L.A, BAWANA), Mahabali Satpal ji (Additional Director of Sports, Delhi and President of SGFI) were the chief guest of this mega event and Mr. S. Nagaraj, Mr. Devender Saini (Haryana), Mr. Laxman Datir (Madhya Pradesh), Mr. Umang Dawn (Gujrat), Mr. Devender Sahrawat (Counselor, MCD) were the guest of honor . The most important things of this tournament was the participation of 24 teams in this tournament. Mahabali Satpal was surprised to see 24 team in the first ever national tournament of new game like Leg Cricket. I was a historical event in the History of Indian games.

Our Second Tournament was organized at Kalyan Maharashtra in Oct., 2012. This tournament was jointly hosted by Maharashtra Leg Cricket Association and Leg Cricket Federation of India. The name of the championship was 1<sup>st</sup> Junior National T-10 Leg Cricket Championship. Here some new state also joined this event. Our Next tournament was fixed at Banglore in Dec., 2012 but we have to cancelled it due to a sudden accident of Mr. S. Nagaraj. 2<sup>nd</sup> senior National T-10 Leg Cricket championship in Delhi in Feb., 2013. In May, 2013 Second Junior National T-10 Tournament in Ambala, Haryana. 2<sup>nd</sup> Senior National T-10 Leg Cricket Championship at Ranchi in Dec., 2013. In June, 2014 at Sonapat, Haryana, in Jan., 2015 at Erode, Tamilnadu. From July 2012 to Jan., 2020 we have conducted seven National and 6 international T-10 Leg Cricket Championships. In Oct, 2014 Leg Cricket Federation was got registered under Section XXI of Indian Society Registration Act. 1860. In 2013 Team India participated in 1<sup>st</sup> Indo-Nepal T-10 Leg Cricket Championship which was jointly organized by International Leg Cricket Council and Nepal Leg Cricket Association at Kathmandu Nepal. In 2014 Team Indian Participate in 1<sup>st</sup> Indo-Bhutan T-10 Leg Cricket championship which was jointly organized by ILCC & Bhutan Leg Cricket Association. Since 2013 We have participated in two Indo-Nepal Bhutan Tri-series, two Indo-Nepal and two Indo-Bhutan T-10 Leg Cricket championship. Mr. Salman Khan from Delhi was the First Indian Leg Cricket Captain and Mr. Devraj from Jharkhand the first team In-charge who represent India at Kathmandu. In Ist Indo-Nepal-Bhutan Tri-Series tournament Mr. Chandan Ray was the captain of team India and Mr. Himpriya Gaur was the team Manager and the coach of team India. Mr. Chandan Ray from Odisha is the present captain of team India.

At present Leg Cricket is played in most the Indian states and seven international countries (India, Nepal, Bhutan, Pakistan, Bangladesh, Florida, and Zimbabwe). In coming year we are planning to organize our 2<sup>nd</sup> South Asian Leg Cricket league in session 2020-21. We are also planning our most awaited series "THE INDIAN LEG CRICKET LEAGE" in July, 2020. But we have to postponed this event due to India lock down due to COVID-10. News in this regard published in more than 12 major new papers.

This is first time in the History of Leg Cricket that we organize our Annual General Meeting online on Zoom App on 3<sup>rd</sup> May, 2020 in which more than 30 members including secretaries, presidents, vice president participated. Election process for the administration body was also conducted online. Success of the Leg Cricket is the result of the hard work of our secretaries, officials, coaches and players. The credit of the success of Leg Cricket is goes to each and every members and players of Leg Cricket community. At Present leg Cricket is affiliated with School Sports and Cultural activities Federation-India and Indian Rural Olympic Association. We thank our secretaries, officials, coaches and players who make it possible.

**Jogender Prasad Veram,**  
Secretary General/Founder  
International Leg Cricket Council,  
Leg Cricket Federation-India.

## **WRITER PANEL**

This Rule book is written by Mr. J. P. VERMA the founder of Leg Cricket Games and Secretary General of International Leg Cricket Federation-India. Special thanks to

1. Sh. Rajath Kankar, Technical Sercretary, Leg Cricket Federation-India, Secretary, Karnataka Leg Cricket Associaiton.
2. Mr. Devraj Singh, Ex. Technical Secretary, Present Secretary, Jharkhand Leg Cricket Association.
3. Mr. Salman Khan, Senior International Umpire and secretary Delhi Leg Cricket Association.

# **INTERNATIONAL LEG CRICKET COUNCIL**

## **RULE BOOK-2020**

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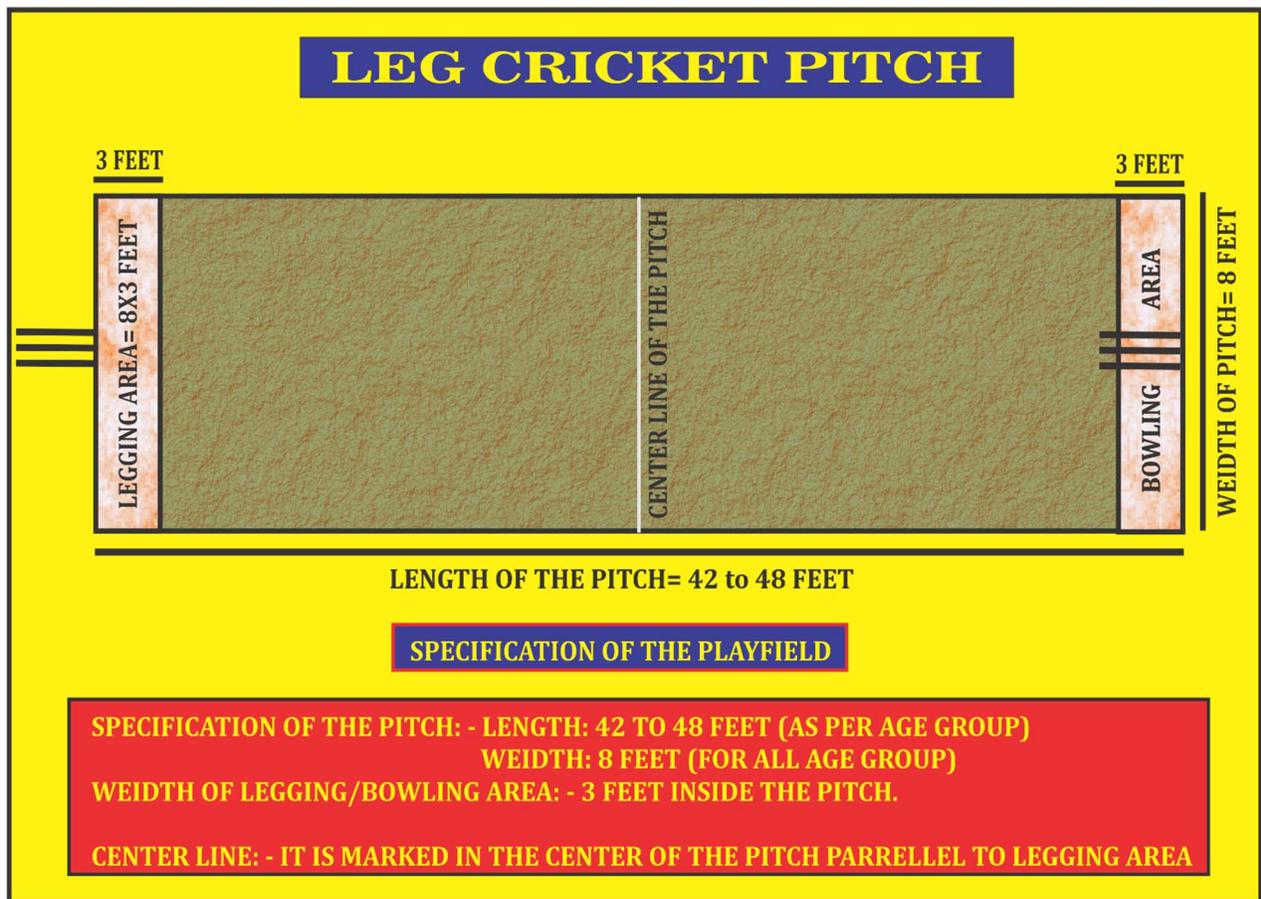
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# RULE BOOK-2020

## 1. GROUND AND SPORTS EQUIPMENTS

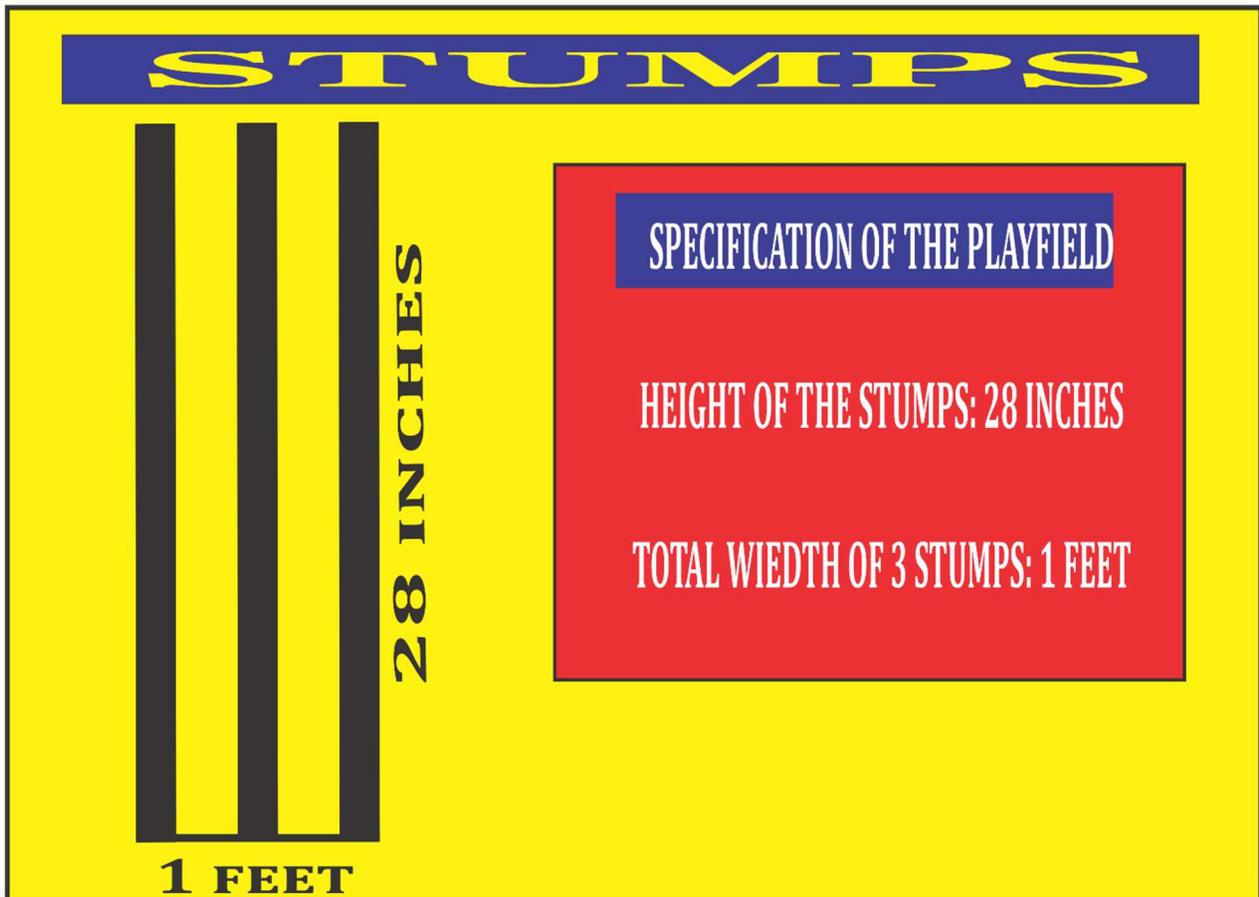
### 1.1 PITCH

AGE GROUPS	BOYS	GIRLS	MIX
Bellow 14 or Mini	44 feet	44 feet	44 feet
Bellow 17 or Sub. Junior	46 feet	46 feet	46 feet
Bellow 19 or Junior	48 feet	48 feet	48 feet
Bellow 21 or Senior	48 feet	48 feet	48 feet
Open Age groups	48 feet	48 feet	48 feet



## 1.2 WICKETS OR STUMPS

WEIDTH OF THE 2 WICKETS.	1 FEET
HEIGHTS OF THE STUMPS	28 Inches ( Cricket stumps)

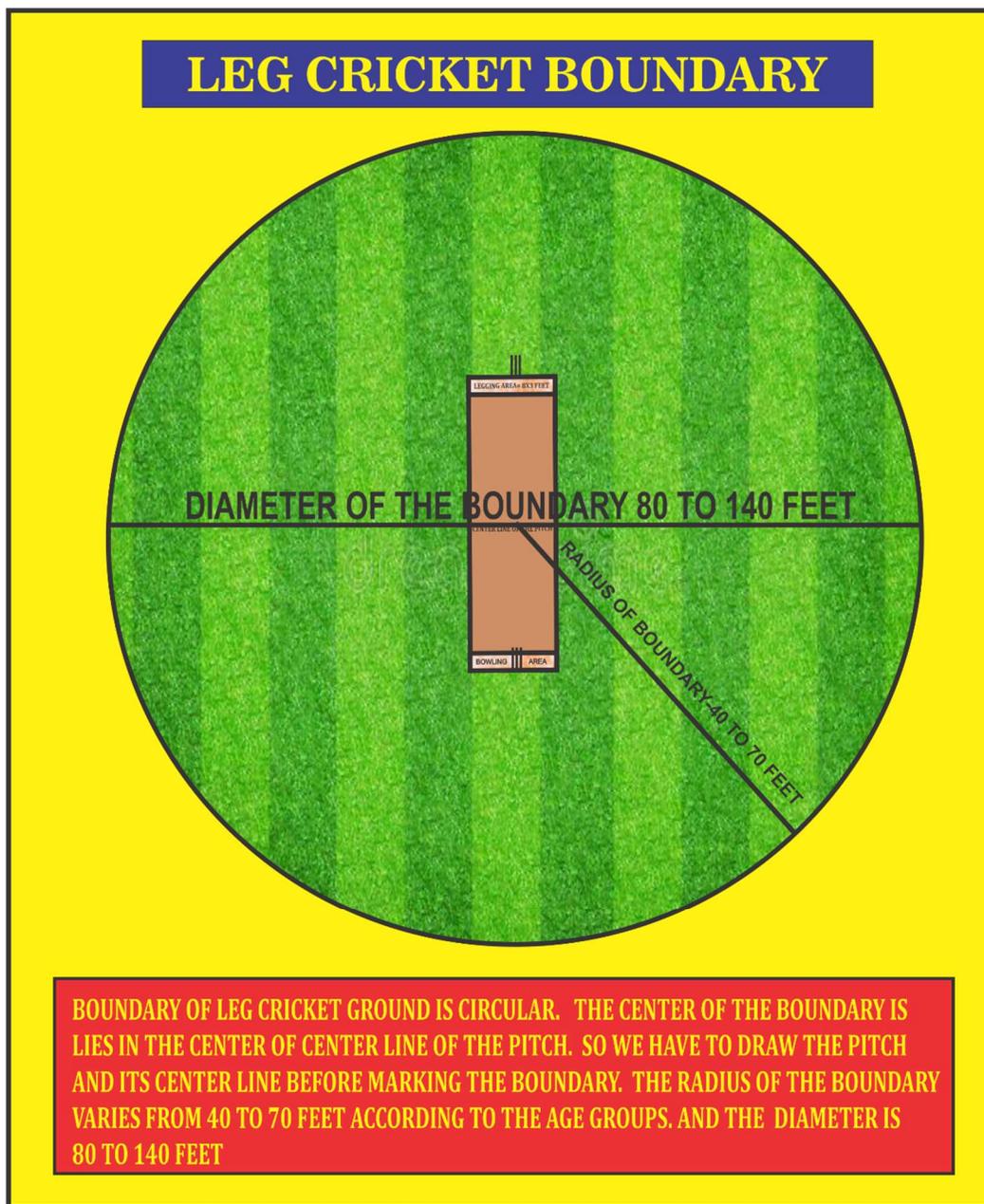


## 1.3 BALL

A special ball is used to play leg cricket it is just similar to woman hand ball in size and its weight is 225 to 250 grams. Where there this ball is not available, we can use 0 or 1 no football. For Mini and junior age group while 2 no football is used for junior, Senior and open age groups

## 1.4 BOUDARY

AGE GROUPS	BOYS	GIRLS	MIX
Bellow 14 or Mini	80 TO 90 FEET	80 FEET	80 TO 90 FEET
Bellow 17 or Sub. Junior	100 FEET	80 TO 100 FEET	100 FEET
Bellow 19 or Junior	120 FEET	100 TO 120 FEET	120 FEET
Bellow 21 or Senior	120 TO 140 FEET	120 TO 140 FEET	120 TO 140 FEET
Open Age groups	120 TO 140 FEET	120 TO 140 FEET	120 TO 140 FEET



## 1.5 SPORTS UNIFORM FOR PLAYERS.

- a. For Summer: T-shirt and Nicker/Track pent with shoes.
  - b. For Winter. T-shirts with Track Suit and shoes.
  - c. a player can use football shocks if he wears nicker in place of track pent.
- Note: Football shoes (studs) are strictly prohibited. No player is allowed to wear Football shoes. (studs). Only sports shoes are allowed.



Sports wear of leg Cricket Team



Right sports shoes for Leg Cricket Game

## 2. TEAM AND PLAYERS

2.1 This game is played between two team. Every team have total 15 and 11 main players including a captain and vice-captain.

2.2 Every team will declare the name of all players before toss. No player/player will be changed after the toss without the permission of Umpire and intimating the captain of opposite team

2.3 The captain of toss winner team will decide legging or fielding.

2.4 In absence of the captain the vice-captain will be the leader of the team.

2.5 There must be Minimum 9 player at on the ground to start the game. No team will be allowed to enter into the ground if total no. of players is less than nine.

2.6 In mixed category there should be minimum 5 male and 5 female players. Eleventh player may either be male or female. Here also there must be minimum 9 players on the ground to start the game



11 players of Leg Cricket team at the time of toss and after winner

## 3. AGE GROUP AND CATEGORIES

### **3.1 According to the federation**

- a. Bellow 14/mini
- b. Bellow 17/Sub-Junior
- c. Bellow 19/Junior
- d. Bellow 21/Senior
- e. Open/men or women

### **3.2 According to School Sports and Cultural Activities Federation-India or School Games Federation of India.**

- a. Bellow 14 or Sub-Junior
- b. Bellow 17 or Junior
- c. Bellow 19 or Senior

### **3.3 Categories**

- a. Boys
- b. Girls
- c. . Mixed

## 4. TYPES OF MATCHES

### **4.1 On the basis of over there are two types of matches**

- a. 5 over matches: - This is the fastest format of Leg Cricket. One player can ball only one over. Every over has 6 ball
- b. T-10 Championship (10 over each team): - In this type of match a player can ball for maximum 2 overs.
- c. T-20 Championship (20 over for each team): - In this type of match a player can ball for only 4 overs.

Note: Only under arm balling is allowed. Bounce ball will be treated as no ball.

## 5. SCORE/RUN SYSTEM

Winner or loser is decide on the basis of run scored by a team. A team can score run in Following ways.

- 5.1 RUNNING BETWEEN THE WICKET: - Just like Cricket a player can score 1,2,3, or more run by running between the wicket.
- 5.2 FOUR: - Four runs are scored if the ball touches the boundary.
- 5.3 SIX: - Four runs are scored if the ball crosses the boundary in the air.
- 5.4 RUNS BY OVER THROW: - Just like cricket in Leg cricket an over throw is an additional run/runs scored by a legs-man as a result of the ball not being collected by a fielder in the center, having been thrown in from the outfield. It usually occurs when a fielder aims unsuccessfully at the stumps in an attempt to run out a legs-man. However sometime they are due to handling errors by the fielder receiving the ball. These runs will be credited in the score of individual players
- 5.6 SHORT RUN: - short run will not be added in the score sheet. And umpire will warn the legs-man regarding short run.
- 5.5 EXTRA AND PENALTY RUNS: - These types of run consist of run which is gained by the mistake of opponent team. It includes No ball, Wide ball, Bye and leg bye. penalty run which are awarded to opponent team for breaching the rules and unfair play. These runs will not be credited in the scored of individual players. These will be added in the score of the team as extra runs.

## 6.OFFICIAL TIME OUT

There is no rule of official time out in Leg Cricket. However, the Umpire/official can stop the match for some time in case of injury with players.

## **7. EXCHANGE OF PLAYERS DURING THE GAME:**

- 7.1 A player can be changed only in case of injury or sickness. But this changed players will not be allowed for legging or balling. He/she will be deputed for fielding. Team captain will inform the Umpire regarding the such player. No player will be changed without the permission of umpires. If there is no extra player than the team will play with remaining players only.
- 7.2 If a legs-man felt that he/she could not run or walk umpire may allot him/her an additional player. This player will run and score run in place of injured player. However, ball will be hit by injured player only. This extra allotted player will wear proper sports kit.
- 7.3 An injured or sick player can live the ground only after the permission of the umpire. If any player left the ground without umpire's permission. He will be out of the game and not be allowed to play that match. No extra player will be allotted to that team in exchange of this place. Then his team will play the remaining match with 10 players.

## **8. EXTRA RUN**

These are some mistake by fielding team which add an extra run in the score sheet of opponent team

- 8.1 No ball: A ball is declared no ball if

A. when any of the foot of a bowler touch the balling lines. Only one foot of the bowler should be between the balling line.

B. If the ball bounce after the center line of the pitch. But it should be declared before hitting the ball by legs-man.

NOTE: - A player may only be declared out on no ball if he only got run out. catch out, Hit wicket out etc. will be not count in case of no ball. An extra run will be added for every no ball with the run scored by a player on no ball. This extra run will not be added in the individual score of the legs-man. It will be added in team score of the opponent team

8.2. Wide Ball: any ball which cross the side lines of the pitch will be called wide ball the umpire will signal a wide ball by raising both arms at shoulder height and the bowler must Bowl another legitimate delivery. For every wide ball the fielding team will be penalized one run. This run will be added in the of in the score of opponent team as extra run by wide ball.

8.3 Hindering the legs-man while running between the wicket. It may add an extra run in the score of opponent team. It will be decided by umpire only.

8.4 Dead ball: - There is no dead ball concept in Leg Cricket.

8.5 PANELTY RUN:

## **9. DECLARING THE PLAY OUT**

The umpire may declare a legs-man out in any of the following way

9.1 Run Out

9.2 Catch Out

9.3 Hit wicket

9.4 Clean bold

9.5 Timed out

9.6 Double touch

9.7 Hitting the ball with wrong leg

9.8 Touching the ball with hands by legs-man.

Note: the legs-man will not throw the ball to bowler either by hands or legs. Only fielding team's player may touch the ball with hands. It will be declared out.

## **10 BASIC SKILLS OF THE GAME**

### **10.1 BALLING SKILLS**

- a. Slow bowling.
- b. Fast bowling.
- c. Spin bowling.

## 10.2 LEGGING SKILLS

- a. Front kick.
- b. In Side kick.
- c. Out side kick.
- d. Kicking by heel.
- e. Pushing the ball.
- f. Stopping the ball by under sole of the shoe.

## 10.3 FIELDING SKILL

- a. Stopping the ball.
- b. Holding the ball.
- c. Catching the ball.
- d. Throwing the ball.
- e. Passing the ball.

# 11. MIS-BEHAVE

**11.1 Mis-behave by player:** - Abusing and shouting by a player to any player or umpire- In this case the umpire will warn the player. But if he/she do not stop than the umpire can punish the accused player by sending him out of the ground for that match and no extra player will be provide to his team in exchange of that player. His team will play with remaining players only.

**11.2 Mis-behave by coach or team manager:** if any coach or team manager shout, or abuse any official/umpire. The umpire will warn him in first instance. But if he continue his/her mis-behave the umpire may give him a penalty of six run. But it will be done after three warning.

**Note:** - A coach can neither guide nor instruct his team. He can not enter into the playground during match. If any coach does so it will be treated as mis-behave.

## 12 OFFICIALS AND THEIR DUTIES

- a. **Umpire: - Total two umpires**
- b. **Scorer: - Total Two Scorer.**
- c. **Record Holder: -one**

### **12.1 UMPIRES:**

There are total two umpires in Leg Cricket. These two umpires are deputed before starting the toss. These umpires continue the match and give decision according to the rules and regulations of ILCC. Umpire decision will be the final decision. These are the duties of the umpire

- a. Toss
- b. Briefing the rules of games to both captain.
- c. Checking the wickets and all lines.
- d. Inspecting all sports equipment.
- e. Informing the captain regarding total Giving decision as per ILCC'S rule book.
- f. Taking his/her place. And observing the match
- g. In case of any doubt discussion with co-umpire
- h. Taking decision regarding bed weather and lighting conditions.
- i. Request of 3<sup>rd</sup> umpire decision is ground is equipped with camera.

### **12.2 SCORERS**

There are total 2 scorer. They sit together on the same table. These are the duties Of the scorer. One of them may record team score and another may individual score.

- a. scorer will collect all necessary items e.g., pen, pencil, board, score-sheets, blank paper etc. from the technical committee.
- b. They will collect the list of players from Team In-charge and prepare the score sheet.
- c. They will enter ball to ball and run to run record in the score-sheet and keep the record of overs, wicket, sixes, fours, extra run etc.

### 12.3 Record Keeper.

There is only one record keeper in Leg cricket. He will keep all record and score-sheets He prepare individual record of every player and. He keeps record how many runs, Fours, sixes, a player scored and how many wickets he took. How many runs he gave.

## 13.TIE

Tie mean scoring equal run by both teams. In this case both teams will follow the given process: -

**13.1 PRIME OVER:** - If both teams scored same score than it will be declared a tie in this condition an extra over will be given to play to both teams. This Over will be known as PRIME OVER. This over will limit a team to score maximum score by losing maximum three wicket only. If any team loose its forth wicket than that team will automatically lose the match.

**13.2 DECIDER OVER:** - If both teams again score same score in PRIME OVER than an another over will be given to play. This over will be called the DECIDER. In this over the team which score maximum runs will be declared Winner.

**13.3 LUCK TO WIN:** - If both teams again score same score in DECIDER over than the decision will be taken by toss. It will be called LUCK TO WIN. However, we never face such situation but in future if we face this situation it will be resolved by this LUCK TO WIN.

## 14. SCORE SHEET

INTERNATIONAL LEG CRICKET has prepared its own score sheet. It is easily available on our website. We trained our officials to fill that score sheet. In a match this score sheet is filled by our two scorers.



# LEG CRICKET FEDERATION, INDIA

Tournament: National Rural Olympic Games-2017

Venue: H.E.L STADIUM, BHOPAL, M.P.

Pool: .....  
Match No: .....

Match between :-

Toss won By :-

V/S  
Choice

S.NO	LEGS MAN	RUNS SCORED	OTHER THAN FOURS AND SIXES	FOURS	SIXES	HOW OUT	BOWLER	FIELDER	TOTAL	
1		123456789011213141516171819202122232425262728293031323334353637383940		123456789011213141516171819202122232425262728293031323334353637383940	123456789011213141516171819202122232425262728293031323334353637383940					
2		123456789011213141516171819202122232425262728293031323334353637383940		123456789011213141516171819202122232425262728293031323334353637383940	123456789011213141516171819202122232425262728293031323334353637383940					
3		123456789011213141516171819202122232425262728293031323334353637383940		123456789011213141516171819202122232425262728293031323334353637383940	123456789011213141516171819202122232425262728293031323334353637383940					
4		123456789011213141516171819202122232425262728293031323334353637383940		123456789011213141516171819202122232425262728293031323334353637383940	123456789011213141516171819202122232425262728293031323334353637383940					
5		123456789011213141516171819202122232425262728293031323334353637383940		123456789011213141516171819202122232425262728293031323334353637383940	123456789011213141516171819202122232425262728293031323334353637383940					
6		123456789011213141516171819202122232425262728293031323334353637383940		123456789011213141516171819202122232425262728293031323334353637383940	123456789011213141516171819202122232425262728293031323334353637383940					
7		123456789011213141516171819202122232425262728293031323334353637383940		123456789011213141516171819202122232425262728293031323334353637383940	123456789011213141516171819202122232425262728293031323334353637383940					
8		123456789011213141516171819202122232425262728293031323334353637383940		123456789011213141516171819202122232425262728293031323334353637383940	123456789011213141516171819202122232425262728293031323334353637383940					
9		123456789011213141516171819202122232425262728293031323334353637383940		123456789011213141516171819202122232425262728293031323334353637383940	123456789011213141516171819202122232425262728293031323334353637383940					
10		123456789011213141516171819202122232425262728293031323334353637383940		123456789011213141516171819202122232425262728293031323334353637383940	123456789011213141516171819202122232425262728293031323334353637383940					
11		123456789011213141516171819202122232425262728293031323334353637383940		123456789011213141516171819202122232425262728293031323334353637383940	123456789011213141516171819202122232425262728293031323334353637383940					
TOTAL				75	125				4849	
OVER	NAME OF BALLER	BALL 1	BALL 2	BALL 3	BALL 4	BALL 5	BALL 6	NO BALL	WIDE BALL	TOTAL
1										10
2										9
3										8
4										7
5										6
6										5
7										4
8										3
9										2
10										1
11										0

OFFICIALS	
UMPIRE 1	
UMPIRE 2	
SCORER	
WINNER:-	
MAN OF THE MATCH:-	

Captain A.....

B.....